

# Learn a Taoist Blessing Ceremony For Purifying Your Space

*A practical workshop with Nam Singh*

**The San Francisco School of Feng Shui**  
**THURSDAY MARCH 12,**  
**10-4pm Triton Hotel, Chinatown**

**The New York School of Feng Shui**  
**SUNDAY APRIL 16,**  
**10-6pm Manhattan**



There is a long tradition in performing rituals of many types in all schools of Taoism. In this practical workshop you will learn an authentic blessing ceremony that has been done for thousands of years in Taoist homes.

## What You Will Learn

- Ritual Bathing
- The Use of a Ritual Hand Bell
- Hand Seal and Talisman Writing
- How to Bless Water
- The Use of Incense, Paper Offerings and Food Offerings
- Envisioning and Incantations



Once you have selected a specific space, you must ensure that the energy is sufficiently pure (jing). To be safe, everyone should perform an energetic cleansing on his or her space.

Nam Singh is a Taoist priest in the Zheng-Yi sect and a priest in training in orthodox Taoism. He is a member of the Ching Chung Taoist Association of America in San Francisco California's Chinatown and the founder of the Celestial Canyon Taoist Association, teaching Taoist nutrition, meditation and Chinese tea culture. He is a practitioner of all the eight limbs of Chinese medicine; meditation, exercise, diet, herbology, feng shui, massage, and acupuncture. Sponsored by [www.FengShuiSeminars.com](http://www.FengShuiSeminars.com)



## What is a Daotan Hereditary Temple

Taoism is an indigenous traditional religion of China. It is generally believed that Taoist organizations were formally established 1900 years ago by Celestial master Zhang-Dao ling during the reign (CE 126-144) of Emperor Shudi of the Eastern Han Dynasty. However, the original sources of Taoist doctrines can be traced back to the spring and autumn period and the warring states period (770-221 BCE). Thus, there is the common reference to the “Three Ancestors that alludes to the Yellow Emperor, Lao Zi and Celestial Master Zhang.”

For the greater part of the history of Taoism in China religious practices were inspired and maintained by family/clans (the Liu, Zhang and Li clans, to name a few). These clans maintained *daotan* (hereditary temples) throughout rural and urban China as places of worship and community administration. They consisted of private chapels (*tan*) for religious ritual (maintained by a team of ordained [often married] priests [both men and women]) and clan halls (*tang*) which served as community educational and meeting facilities. The chapel was the spiritual center of the clan and the clan hall served as a place for activities as diverse as funerals, scheduling harvests, negotiating business, tax collecting and public literacy education. This combination of spiritual and worldly activity co-habiting the same space reminded every clan/community member of the universality of religion and ethics in daily life.



The actual ownership and management of a *daotan* was divided between the head priest's family and the clan (represented by the elders) village. It is called hereditary for two reasons. First, because the head priest's ownership was passed on to his most capable child or adopted disciple - called a 'successor'. Secondly, it was called hereditary because it represented the continuity of life (qi) in the clan's collective body - a conduit for the continuous benefit that is derived from the clan's ancestors (representing Dao itself).

In all matters decisions were made by consensus using the elders' ordinary negotiating skills and the priests' extraordinary means (divination). Business contracts were witnessed by priests and religious rites and education were sponsored by the clan. Through the collective activities of the *daotan* the healthy circulation of community qi was maintained.

The design and maintenance of the architecture and grounds of the *daotan* were based on the ancient principles and details of *feng shui* (Chinese geomancy). The chapels were the community heart (the spirit within the body). The clan halls, public and open on a courtyard at the front, were like the community stomach/spleen absorbing nutrients for the community's smooth digestion. The building itself was a collective body (a daily visit recharged your qi battery). Each individual parishioner was an inspired qi satellite. *Daotan* networked throughout China and in the 12<sup>th</sup> century were acknowledged by the imperial government of the Song dynasty as the true historical basis for national unity, peace and prosperity.



The unique Taoist notion that what religious/spiritual about life is, is not necessarily the exercise of religion itself. In a Taoist community the priests practiced rites and meditation as their particular tao; fishermen followed the tao of fishing, businessmen the tao of commerce, seamstresses the tao of sewing, etc. Priests ate fish, wore tailored vestments and advised businessmen astrologically. Businessmen made donations to the temple, bought fish and tailored clothes. It was the community interconnectedness that gave fullness and immortality to life rather than the individual experience of personal revelation. For the Taoist transcendence was, in a sense, acceptance not escape.



## Incantation to **Lü Dongbin**

**Lü Dongbin** is the most famous of the *Eight Immortals*. He is regarded as one of the *Five Northern Patriarchs* of Complete Perfection Taoism (one of the largest active sects in China). The most common historical tale claims that **Lü Dongbin** was a mortal in the Tang Dynasty from China's Shanxi Province. He was a failed candidate for government service and was unaccomplished until he was 64. At that time he met the Taoist Immortal *Han Zhongli*, who explained Taoism to him. From that time he dedicated himself to Taoist cultivation and eventually became an Immortal. Among his many disciples are *Liu Haichan* and *Wang Chongyang*. Despite his relatively high status in the Taoist hierarchy, **Lü Dongbin** is almost always depicted wearing a hat that is flat and slopes downward past his forehead. He usually carries a double-edged sword, and sometimes a shield, with which he can capture and tame all evil spirits if he is correctly invoked. **Lü** often carries a flywhisk, the symbol of one who can fly at will. His birthday is generally celebrated on the 14<sup>th</sup> day of the 4<sup>th</sup> lunar month.



## Offerings to the Earth Guardian Spirit (**T'u-di Kung**)

Is not looked upon as a powerful or fearsome deity spirit. He is a Celestial deity spirit, the lowest ranking official in the bureaucracy of the Celestial pantheon, and is the tutelary deity spirit of one sector of a large village or suburb; the protector of the well-being of both town and country dwellers. His name means the earth god of wealth and merit. In China, every village had a shrine to Tu Di Gong.

Virtually every temple and certainly every community has an altar dedicated to the Earth Guardian Spirit. Legends almost always describe him as a former human, now a local spirit still possessing human attributes and aspirations. One of the most common claims is that he was a servant who preserved his master's money from thieves, lost his life in the process, and was deified as the Earth Guardian Spirit. Today, he is still worshiped by most Chinese, with many housing small shrines with his image, commonly located under the main altar, or below the house door.

## **BOOKING FORM**

**How to do a Taoist Blessing Ritual and Ceremony**

**One day workshop**

**\$165**

*The San Francisco School of Feng Shui*

**THURSDAY MARCH 12,**

**10-4pm Triton Hotel, Chinatown**

**Booking:**

**Phone Denise 1-866-983-6868**

*The New York School of Feng Shui*

**SUNDAY APRIL 16,**

**10-6pm Manhattan**

**Tour of Temple in NYC Chinatown with Nam Singh.**

**4.30-6 pm Sunday April 26, Chinatown**

**with optional Chinese meal afterward**

**Bookings: [info@fengshuiseminars.com](mailto:info@fengshuiseminars.com)**

**Payment method: cash, check, visa, mc**